



NURSES PLANS + DAY-TO-DAY A TABLE OF COVER

This table of cover must be read in conjunction with your member certificate and membership handbook.

IN PATIENT BENEFITS	NURSES' PLANS
Hospitals excluded from cover	None
Additional hospitals covered	None
Indication of differences in categorisation of hospitals	Hospitals are as categorised in the handbook
Type of accommodation cover – Nurses' Plan	C
Type of accommodation cover – Nurses' Plan Plus	D
Inclusion of consultants fees	Yes
Inclusion of in patient scans	Yes
Out patient scan cover (in approved centres)	
PET-CT	Full cover
MRI	Full cover
CT	Full cover
Out patient scan cover (in non approved centres) ¹	
MRI	Covered up to €350
CT	Covered up to €200
Post operative home help – Nurses' Plan Plus only	Up to €300 over 3 days
Alternative amount for post operative home help – Nurses' Plan Plus only	€120 if benefit not otherwise available
In patient stress and psychiatric benefits (not related to alcohol or substance abuse)	180 days per year
In patient stress and psychiatric benefits (related to alcohol or substance abuse)	91 days per 5 years
Public hospital cover for maternity	3 days accommodation
Grant-in-aid amount	Covered up to €3,450
Cover for home births	Covered up to €3,450
Maternity consultant fees	As per schedule of benefits for professional fees
Is newborn free till next renewal	Yes
Post natal home help	Up to €300 over 3 days (or Doula services)
Alternative amount for post natal home help	€120 if benefit not otherwise available
Doula services	€300 discount & €300 contribution if post natal home help not availed of
4D scans	Covered up to €55 with Ultrasound Dimensions
4D scans	Covered up to €50 with InnerVision Ultrasound
3D/4D Scans & Fetal well-being	22.7% discount with Charter Medical
Repeat 3D/4D Scans ²	23% discount with Charter Medical
Follicular tracking	24% discount with Charter Medical
Early dating/ Viability	24% discount with Charter Medical
1 st Trimester Screen	24% discount with Charter Medical
Fetal anomaly & gender	25% discount with Charter Medical
Growth Scan (Fetal well-being)	23.3% discount with Charter Medical

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Ultrasound Package 1	33% discount with Charter Medical
Ultrasound Package 2	31% discount with Charter Medical
Breastfeeding Consultancy	€25 x 2 visits
Partner benefit	€50 x 2 days
U Mamma	15% discount on pre and post natal care services
Fertility Products	25% discount on selected products
Cover for child home nursing	€100 x 14 days
Cover for parent accompanying child	€40 x 14 days
Nurse-on-call	Yes
Special stress line ³	Yes
Chemotherapy/ Rheumatology Day Case Procedure	Full Cover if carried out by Point of Care Services
Asthma care programme with Asthma Care Ireland	Adult: €65 contribution/ Child: €135 contribution
Convalescence benefits	€50 x 14 days
Ambulance costs	Yes, see list
Benefit abroad for surgical procedures that are available in Ireland	Yes
Benefit abroad for surgical procedures that are not available in Ireland	Yes
Overseas A & E benefits:	
Hospital bill for in patient treatment	Covered up to €100,000
Expenses for companion who remains with you	Covered up to €1,000
Repatriation expenses	Covered up to €1 million
Companion repatriation expenses	Covered up to €1,000
24 hour telephone assistance	Yes
Cancer support benefit	€100 per day up to a maximum of €1500 per calendar year

¹ Subject to out patient excess.

² With same pregnancy

³ Benefit equates to one 60 minute call to the special stress management line and one follow-on 60 minute face-to-face session. To access this benefit call 1850 717 717

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OUT PATIENT BENEFITS	NURSES' PLANS
Individual out patient excess	€150
Family out patient excess	€250
Maximum amount of out patient benefits per member per policy year	€4,000
Consultants fees	€55 per visit
Pathology – consultant fees	€20 per visit
Pathology – cost of test	Full cover
Radiology – consultant fees	As per schedule of benefits for professional fees
Radiology – cost of test (excluding out patients scans)	Full cover
Emergency dental care	Covered up to €450
Pre/post natal car	Covered up to €400
Home nursing	€40 x 20 days
Public hospital out patient levy	€20 per annum
Medical and surgical appliances	Covered as per specified list
Psycho-oncology counselling	€40 per visit for up to 5 visits
Manual lymph drainage	€40 per visit for up to 5 visits

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MEMBER BENEFITS	NURSES' PLANS
Laser Eye Surgery ¹	22.5% discount on total cost
Cervical Cancer Vaccination	€150 contribution if carried out by Point Of Care Services
Smiles in Office Treatment ²	30% discount on total cost
Smiles at Home Matrix Kit ²	21.5% discount on total cost
Smiles in Office Treatment and Smiles at Home Matrix Kit ²	25% discount on total cost
Dental Veneers by Lumineers Treatment ²	12.5% discount on total cost
Smiles Orthodontic Treatment ²	20% discount on total cost
Aviva Standard Health Screen	33% discount if carried out by Charter Medical Group
Aviva Medi Health Screen	31% discount if carried out by Charter Medical Group
Aviva Executive Health Screen	29% discount if carried out by Charter Medical Group
Health Check level 1	29.4% discount if carried out by EHA
Executive Health Screen level 2	33% discount if carried out by EHA
Smoking Cessation Benefit – Allen Carr's Easyway to Stop Smoking	33% refund on total cost

¹ Benefits must be provided by Optical Express

² Benefit must be provided by Smiles or Town Dental Clinics.

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Check on your membership certificate if you are covered for **day-to-day** benefits.

DAY-TO-DAY BENEFITS	NURSES' PLANS
ADULT DAY-TO-DAY BENEFITS	
G.P. visits	€30 – 3 visits per year
Dentist visits	€30 – 3 visits per year
Podiatrist or physiotherapist	€30 – 3 visits per year
Other day-to-day practitioners	€30 – 3 combined visits per year
Orthotic insoles	€40 per 2 years
Health screen	€50 x 1 visit per year
Hearing test	€30 x 1 visit per year
Eye test	€30 x 1 visit per year
Glasses / lenses	€30 per 2 years
Pooling of benefits	Yes
KIDS DAY-TO-DAY BENEFITS	
G.P. visits	€30 – 3 visits per year
Dentist visits	€30 – 3 visits per year
Physiotherapist	€30 – 3 visits per year
Other day-to-day practitioners	€30 – 3 combined visits per year
Health screen	€50 x 1 visit per year
Hearing test	€30 x 1 visit per year
Eye test	€30 x 1 visit per year
Glasses / lenses	€30 per 2 years
Child speech & language therapy	€30 – 3 visits per year
Child counselling	€30 – 3 visits per year
Pooling of benefits	Yes

Above benefits can be pooled by members on a policy.

List of other **day-to-day** practitioners:

Acupuncturist, Chiropodist, Chiropractor, Dietitian, Homeopath, Massage therapist, Medical Herbalist, Occupational therapist, Osteopath, Physical therapist, Podiatrist and Reflexologist.

Please refer to terms and conditions in the membership handbook.

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