



## TEACHERS PLANS + DAY-TO-DAY A TABLE OF COVER

This table of cover must be read in conjunction with your member certificate and membership handbook.

| IN PATIENT BENEFITS  | TEACHERS' PLANS  |
|--|--|
| Hospitals excluded from cover  | None   |
| Additional hospitals covered   | None   |
| Indication of differences in categorisation of hospitals                               | Hospitals are as categorised in the handbook                             |
| Type of accommodation cover – Teacher's Plan   | C  |
| Type of accommodation cover – Teacher's Plan Plus                                      | D  |
| Inclusion of consultants fees  | Yes  |
| Inclusion of in patient scans  | Yes  |
| Out patient scan cover (in approved centres)   |  |
| PET-CT   | Full cover   |
| MRI  | Full cover   |
| CT   | Full cover   |
| Out patient scan cover (in non approved centres) <sup>1</sup>                          |  |
| MRI  | Covered up to €350   |
| CT   | Covered up to €200   |
| Post operative home help – Teacher's Plan Plus only                                    | Up to €300 over 3 days   |
| Alternative amount for post operative home help – Teacher's Plan Plus only             | €120 if benefit not otherwise available                                  |
| In patient stress and psychiatric benefits (not related to alcohol or substance abuse) | 180 days per year  |
| In patient stress and psychiatric benefits (related to alcohol or substance abuse)     | 91 days per 5 years  |
| Public hospital cover for maternity  | 3 days accommodation   |
| Grant-in-aid amount  | Covered up to €3,450   |
| Cover for home births  | Covered up to €3,450   |
| Maternity consultant fees  | As per schedule of benefits for professional fees                        |
| Is newborn free till next renewal  | Yes  |
| Post natal home help   | Up to €300 over 3 days (or Doula services)                               |
| Alternative amount for post natal home help  | €120 if benefit not otherwise available                                  |
| Doula services   | €300 discount & €300 contribution if post natal home help not availed of |
| 4D scans   | Covered up to €55 with Ultrasound Dimensions                             |
| 4D scans   | Covered up to €50 with InnerVision Ultrasound                            |
| 3D/4D Scans & Fetal well-being   | 22.7% discount with Charter Medical                                      |
| Repeat 3D/4D Scans <sup>2</sup>  | 23% discount with Charter Medical  |
| Follicular tracking  | 24% discount with Charter Medical  |
| Early dating/ Viability  | 24% discount with Charter Medical  |
| 1 <sup>st</sup> Trimester Screen   | 24% discount with Charter Medical  |
| Fetal anomaly & gender   | 25% discount with Charter Medical  |
| Growth Scan (Fetal well-being)   | 23.3% discount with Charter Medical                                      |
| Ultrasound Package 1   | 33% discount with Charter Medical  |

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|  |   |
|--|---|
| Ultrasound Package 2   | 31% discount with Charter Medical                                 |
| Breastfeeding Consultancy  | €25 x 2 visits  |
| Partner benefit  | €50 x 2 days  |
| U Mamma  | 15% discount on pre and post natal care services                  |
| Fertility Products   | 25% discount on selected products                                 |
| Cover for child home nursing   | €100 x 14 days  |
| Cover for parent accompanying child                                      | €40 x 14 days   |
| Nurse-on-call  | Yes   |
| Special stress line <sup>3</sup>   | Yes   |
| Chemotherapy/ Rheumatology Day Case Procedure                            | Full Cover if carried out by Point of Care Services               |
| Asthma care programme with Asthma Care Ireland                           | Adult: €65 contribution/ Child: €135 contribution                 |
| Convalescence benefits   | €50 x 14 days   |
| Ambulance costs  | Yes, see list   |
| Benefit abroad for surgical procedures that are available in Ireland     | Yes   |
| Benefit abroad for surgical procedures that are not available in Ireland | Yes   |
| Overseas A & E benefits:   |   |
| Hospital bill for in patient treatment                                   | Covered up to €100,000  |
| Expenses for companion who remains with you                              | Covered up to €1,000  |
| Repatriation expenses  | Covered up to €1 million  |
| Companion repatriation expenses  | Covered up to €1,000  |
| 24 hour telephone assistance   | Yes   |
| Cancer support benefit   | Up to €100 per day for up to a maximum of €1500 per calendar year |

<sup>1</sup> Subject to out patient excess.

<sup>2</sup> With same pregnancy

<sup>3</sup> Benefit equates to one 60 minute call to the special stress management line and one follow-on 60 minute face-to-face session. To access this benefit call 1850 717 717

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| OUT PATIENT BENEFITS  | TEACHERS' PLANS                                   |
|---|---|
| Individual out patient excess                                     | €150  |
| Family out patient excess   | €250  |
| Maximum amount of out patient benefits per member per policy year | €4,000  |
| Consultants fees  | €55 per visit                                     |
| Pathology – consultant fees                                       | €20 per visit                                     |
| Pathology – cost of test  | Full cover  |
| Radiology – consultant fees                                       | As per schedule of benefits for professional fees |
| Radiology – cost of test (excluding out patients scans)           | Full cover  |
| Emergency dental care   | Covered up to €450                                |
| Pre/post natal care   | Covered up to €400                                |
| Home nursing  | €40 x 20 days                                     |
| Public hospital out patient levy                                  | €20 per annum                                     |
| Medical and surgical appliances                                   | Covered as per specified list                     |
| Psycho-oncology counselling                                       | €40 per visit for up to 5 visits                  |
| Manual lymph drainage   | €40 per visit for up to 5 visits                  |

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| MEMBER BENEFITS   | TEACHERS' PLANS  |
|---|--|
| Laser Eye Surgery <sup>1</sup>  | 22.5% discount on total cost                               |
| Cervical Cancer Vaccination   | €150 contribution if carried out by Point Of Care Services |
| Smiles in Office Treatment <sup>2</sup>                               | 30% discount on total cost                                 |
| Smiles at Home Matrix Kit <sup>2</sup>                                | 21.5% discount on total cost                               |
| Smiles in Office Treatment and Smiles at Home Matrix Kit <sup>2</sup> | 25% discount on total cost                                 |
| Dental Veneers by Lumineers Treatment <sup>2</sup>                    | 12.5% discount on total cost                               |
| Smiles Orthodontic Treatment <sup>2</sup>                             | 20% discount on total cost                                 |
| Aviva Standard Health Screen  | 33% discount if carried out by Charter Medical Group       |
| Aviva Medi Health Screen  | 31% discount if carried out by Charter Medical Group       |
| Aviva Executive Health Screen   | 29% discount if carried out by Charter Medical Group       |
| Health Check level 1  | 29.4% discount if carried out by EHA                       |
| Executive Health Screen level 2                                       | 33% discount if carried out by EHA                         |
| Smoking Cessation Benefit – Allen Carr's Easyway to Stop Smoking      | 33% refund on total cost                                   |

<sup>1</sup> Benefits must be provided by Optical Express

<sup>2</sup> Benefit must be provided by Smiles or Town Dental Clinics.

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### DAY-TO-DAY BENEFITS

#### ADULT & KIDS BENEFITS

|   |                                  |
|---|----------------------------------|
| G.P. visits   | €30 – 3 visits per year          |
| Physiotherapist   | €30 – 2 visits per year          |
| Dentist   | €30 – 1 visit per year           |
| Voice Coaching  | €30 – 3 visits per year          |
| Other <b>day-to-day</b> practitioners (see below for list of those covered) | €30 – 3 combined visits per year |
| Eye test  | €30 – 1 visit per year           |
| Hearing test  | €30 – 1 visit per year           |
| Health screen   | €50 – 1 visit per year           |
| Glasses / lenses  | €30 once every 2 years           |
| Child speech / language therapy (Child benefit only)                        | €30 – 3 visits per year          |
| Child counselling (Child benefit only)                                      | €30 – 3 visits per year          |
| Pooling of benefits   | Yes                              |

List of other **day-to-day** practitioners:

Acupuncturist, Chiropodist, Chiropractor, Dietitian, Homeopath, Massage therapist, Medical Herbalist, Occupational therapist, Osteopath, Physical therapist, Podiatrist and Reflexologist.

Please refer to terms and conditions in the membership handbook.

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