



HEALTH PLAN 1001 LEVEL 2 XS + DAY TO DAY A TABLE OF COVER

This table of cover must be read in conjunction with your member certificate and membership handbook.

| IN PATIENT BENEFITS | HEALTH PLAN 1001 LEVEL 2 XS |
|--|--|
| Hospitals excluded from cover | None |
| Additional hospitals covered | None |
| Indication of differences in categorisation of hospitals | Hospitals are as categorised in the handbook |
| Type of accommodation cover | C |
| Excess | An excess of €75 applies in relation to private and High-tech hospital charges for in patient and day case treatment. This means that there will be a shortfall of €75 from the level of cover as indicated under 'C' in the type of accommodation cover in your membership handbook for all private and High-tech hospitals (per episode of care). If you wish to upgrade to a private room, an additional excess of €75 applies. Except maternity benefits & certain cancer treatments (a full list of cancer treatments is available on request) |
| Inclusion of consultants fees | Yes |
| Inclusion of in patient scans | Yes |
| Out patient scan cover (in approved centres) | |
| PET-CT | Full cover |
| MRI | Full cover |
| CT | Full cover |
| Out patient scan cover (in non approved centres) ¹ | |
| MRI | Covered up to €350 |
| CT | Covered up to €200 |
| In patient stress and psychiatric benefits (not related to alcohol or substance abuse) | 180 days per year |
| In patient stress and psychiatric benefits (related to alcohol or substance abuse) | 91 days per 5 years |
| Public hospital cover for maternity | 3 days accommodation |
| Grant-in-aid amount | Covered up to €3,450 |
| Cover for home births | Covered up to €3,450 |
| Maternity consultant fees | As per schedule of benefits for professional fees |
| Is newborn free till next renewal | Yes |
| Post natal home help | Up to €300 over 3 days (or Doula services) |
| Alternative amount for post natal home help | €120 if benefit not otherwise available |
| Doula services | €300 discount & €300 contribution if post natal home help not availed of |

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| | |
|--|--|
| 4D scans | Covered up to €55 with Ultrasound Dimensions |
| 4D scans | Covered up to €50 with InnerVision Ultrasound |
| 3D/4D Scans & Fetal well-being | 22.7% discount with Charter Medical |
| Repeat 3D/4D Scans ² | 23% discount with Charter Medical |
| Follicular tracking | 24% discount with Charter Medical |
| Early dating/ Viability | 24% discount with Charter Medical |
| 1 st Trimester Screen | 24% discount with Charter Medical |
| Fetal anomaly & gender | 25% discount with Charter Medical |
| Growth Scan (Fetal well-being) | 23.3% discount with Charter Medical |
| Ultrasound Package ¹ | 33% discount with Charter Medical |
| Ultrasound Package ² | 31% discount with Charter Medical |
| Breastfeeding consultancy | €25 x 2 visits |
| Partner benefit | €50 x 2 days |
| U Mamma | 15% discount on pre and post natal care services |
| Fertility products | 25% discount on selected products |
| Cover for child home nursing | €100 x 14 days |
| Cover for parent accompanying child | €40 x 14 days |
| Nurse-on-call | Yes |
| Cover for Asthma Care Programme | €135 contribution for child, €65 contribution for adult |
| Convalescence benefits | €50 x 14 days |
| Ambulance costs | Yes, see list |
| Benefit abroad for surgical procedures that are available in Ireland | Yes |
| Benefit abroad for surgical procedures that are not available in Ireland | Yes |
| Overseas A & E benefits | Yes |
| Hospital bill for in patient treatment | Covered up to €100,000 |
| Expenses for companion who remains with you | Covered up to €1,000 |
| Repatriation expenses | Covered up to €1 million |
| Companion repatriation expenses | Covered up to €1,000 |
| 24 hour telephone assistance | Yes |
| Cancer Support Benefit | Up to €100 per day for up to a maximum of €1500 per calendar year. |

¹ Subject to out patient excess

² With same pregnancy

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| OUT PATIENT BENEFITS | HEALTH PLAN 1001 LEVEL 2 XS |
|--|---|
| Family out patient excess | €250 |
| Individual out patient excess | €150 |
| Maximum amount of out patient benefits per policy | €4000 |
| Consultants fees | €55 per visit |
| Pathology – consultant fees | €20 per visit |
| Pathology – cost of test | Full cover |
| Radiology – consultant fees | As per schedule of benefits for professional fees |
| Radiology – cost of test (excluding out patients scans) | Full cover |
| Emergency dental care | Covered up to €450 |
| Pre/post natal care | Covered up to €400 |
| Home nursing | €40 x 20 days |
| Public hospital out patient levy | €20 per annum |
| Medical and surgical appliances | Covered as per specified list |
| Travel Vaccines | €50 contribution |
| Psycho-oncology counselling | €40 per visit for up to 5 visits |
| Manual lymph drainage | €40 per visit for up to 5 visits |

HEALTH PLAN 1001 LEVEL 2 XS TABLE OF COVER

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| MEMBER BENEFITS | HEALTH PLAN 1001 LEVEL 2 XS |
|---|--|
| Laser Eye Surgery ¹ | 22.5% discount on total cost |
| Smiles in Office Treatment ² | 30% discount on total cost |
| Smiles at Home Matrix Kit ² | 21.5% discount on total cost |
| Smiles in Office Treatment and Smiles at Home Matrix Kit ² | 25% discount on total cost |
| Dental Veneers by Lumineers Treatment ² | 12.5% discount on total cost |
| Smiles Orthodontic Treatment ² | 20% discount on total cost |
| Aviva Standard Health Screen | 33% discount if carried out by Charter Medical Group |
| Aviva Medi Health Screen | 31% discount if carried out by Charter Medical Group |
| Aviva Executive Health Screen | 29% discount if carried out by Charter Medical Group |
| Health Check level ¹ | 29.4% discount if carried out by EHA |
| Executive Health Screen level ² | 33% discount if carried out by EHA |
| Smoking Cessation benefit – Allen Carr's Easyway to Stop Smoking | 33% refund on total cost |
| Cervical Cancer Vaccination | €150 contribution if carried out by Point Of Care Services |

¹ Benefits must be provided by Optical Express

² Benefits must be provided by Smiles Clinics or Town Dental

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EAP BENEFITS

HEALTH PLAN 1001 LEVEL 2 XS

EAP Service 3

Available to Aviva members 24 hrs a day, 365 days a year, EAP is a confidential phone based service staffed by experienced counsellors. Contact EAP Consultants Ltd. on 1850 717 777

Covered for 5 face to face counseling sessions

Simply send in your receipts once the sessions have been completed. Each session is covered up to €50.

³There are certain exceptional circumstances in which a counsellor may be under legal or ethical duty to disclose information this is explained to you by the counsellor. These exceptional circumstances are in place to ensure your safety and the safety of others and to comply with the law.

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DAY-TO-DAY A TABLE OF COVER

This table of cover must be read in conjunction with your member certificate and membership handbook
Check on your membership certificate if you are covered for **day-to-day** benefits.

DAY-TO-DAY BENEFITS

ADULT BENEFITS

| | |
|--------------------------------|-------------------------|
| G.P. | €30 – 3 visits per year |
| Physiotherapist | €30 – 3 visits per year |
| Dentist | €30 – 3 visits per year |
| Other day-to-day practitioners | €30 – 3 visits per year |
| Eye test | €30 – 1 visit per year |
| Hearing test | €30 – 1 visit per year |
| Health screen | €50 – 1 visit per year |
| Glasses / lenses | €30 once every 2 years |

KIDS BENEFITS

| | |
|---------------------------------|-------------------------|
| G.P. | €30 – 3 visits per year |
| Physiotherapist | €30 – 3 visits per year |
| Dentist | €30 – 3 visits per year |
| Child speech / language therapy | €30 – 3 visits per year |
| Child counselling | €30 – 3 visits per year |
| Other day-to-day practitioners | €30 – 3 visits per year |
| Eye test | €30 – 1 visit per year |
| Hearing test | €30 – 1 visit per year |
| Glasses / lenses | €30 once every 2 years |

Above benefits can be pooled by members on a policy.

List of other **day-to-day** practitioners:

Acupuncturist, Chiropodist, Chiropractor, Dietitian, Homeopath, Massage therapist, Medical Herbalist, Occupational therapist, Osteopath, Physical therapist, Podiatrist and Reflexologist.

Please refer to terms and conditions in the membership handbook.

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